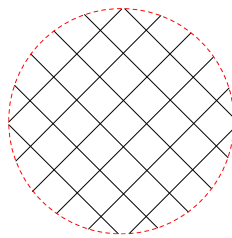




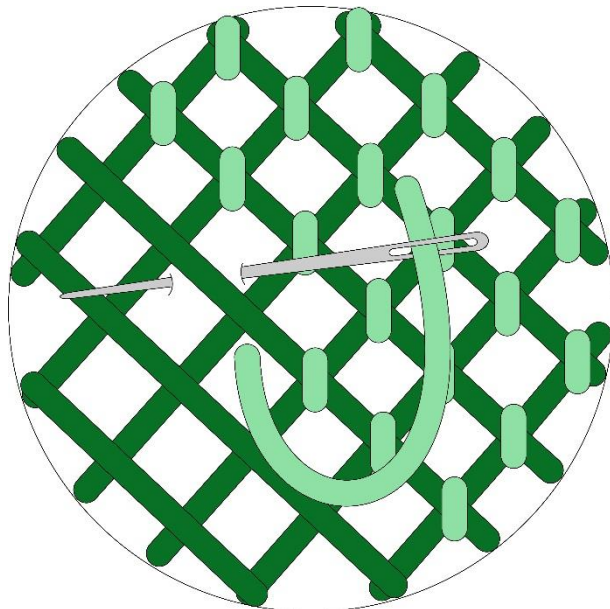
Basic Trellis Couching

In the video clip on the tuition page, the small sample was worked with perle no. 5 thread on a circle measuring 30 mm in diameter. If you wish to experiment with the stitch before you work it onto your project, the template below applies, and you should work with similar threads.



- *With a heat erasable pen, draw a 30 mm diameter circle.*
- *Placing the lines 5 mm apart, draw a diagonal grid over the circle, as depicted in the diagram above.*

Working the stitch:



- *Using thread colour no. 1 (dark green in the above diagram), work a layer of long straight stitches across the area. These can be vertical or diagonal.*
- *Work another layer of long straight stitches that are placed at right angles to the first layer.*
- *Using thread colour no. 2 (light green in the above diagram), work small, straight couching stitches over the intersection of the stitches. In general, the couching stitches should be just long enough to cover the intersection but should not push the layers of*

long straight stitches out of place. You can choose, however, to make them longer. The direction of these stitches – whether vertical or horizontal – does not matter, provided they all go in the same direction.